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STEOMANS

MAIN ST., MINDEN

Vol. 4, Number 5

R.R. 2, MINDEN, ONTARIO K0M 2K0

Telephone: (705) 489-2036

Wednesday, January 30, 1980

Scarborough man missing, presumed drowned in Gull Lake

MINDEN — OPP Detachment divers called off their search for a Scarborough man, missing and presumed drowned in Gull Lake on Saturday morning around 3:35-am.

Reginald Arthur Fulcher 32, of Merkley Square, was heading in the direction of his cottage on Gull Lake when his snowmobile entered open water near the mouth of the Gull River. A search by OPP divers located the snowmobile but Fulcher was still missing.

Prior to the police being notified, four friends of the missing person conducted a search by snowmobile on the lake and three of the searchers and their machines went through the ice. However, the three did get out of the icy water but lost their machines. A subsequent search located a single snowmobile track on the ice leading into the open water which was believed to have been the route Fulcher had taken.

Coroner Dr. Pierce of Haliburton attended the scene on Saturday during the divers search and the investigation will continue under the direction of Cpl. Alexander and PC Bob Wood.

Toronto Dominion opens new premises Fri., Feb. 1, 1980

Minden — Toronto Dominion bank's Minden branch will move to new premises on South Water Street on Friday, February 1.

An open house will be held on February 1 from 10 a.m. to 6 p.m. Manager Al Mayo and his staff will welcome all visitors to come into the branch, tour the new facilities and enjoy light refreshments.

At 11 a.m., Reeve Sinc Nesbitt will officiate at ribbon-cutting ceremonies, assisted by James A. Dickie, vice-president and general manager of the bank's Ontario North and East Division.

Mr. Mayo has more than 22 years of banking experience with Toronto Dominion and has been manager of the bank's Minden branch since it opened in 1978.

Commenting on the move to new premises, Mr. Mayo said: "We feel this new location will better accommodate the growth in business we have experienced and help us more effectively serve the bank needs of our customers."

Other members of the staff are Yalanda McCormick, administration officer; Sue Clift, Mary Coneybeare and Beverlea Simmonds who are tellers.

Hours of business are Monday to Thursday, 10 a.m. to 4:30 p.m. and Friday, 10 a.m. to 6 p.m.

Book planned on Hal. CN line

Steve Lucas of Burlington is planning to write a small book of about 50 pages on the Canadian National's Lindsay-Haliburton railway line which runs up Victoria Avenue in Lindsay through Fenelon Falls to Kilmount and on to Haliburton Village.

Lucas is appealing to the public for information on this line, the Grand Truck Railway before 1919 or the Midland Railway of Canada, or before 1879 when it was known as the Victoria Railway. People with information are asked to contact Mr. Lucas at 2428 Grenallan Drive in Burlington or phone 416-637-0748. He is looking for timetables and photos in particular.



Canada's largest elm tree is saved by student fund

DUNDAS, Ontario — This community's giant elm tree, said to be the largest in Canada with a girth of almost 16 feet, has received a financial shot in the limb.

Paul Tipping, Director of Marketing and Sales, Somerville Belkin Industries Limited, representing Pure-Pak milk carton manufactures across Canada, presented a \$1,000 cheque to Danny Smith, of the Student Park Fund of Parkside High School "to help insure the preservation and well-being" of the huge tree. Total contributions to Save the Tree Fund now total \$1600.

A few weeks ago the tree was saved from the ch-

ain saws of developers who planned to build four houses on the property. Its saviours were Mr. and Mrs. Michael Barasevic, who live nearby and purchased the property because "we couldn't stand to see anything happen to the tree."

The local high school students began a campaign to raise money to purchase the property for a small public park. Current contributions will be used to trim and treat the tree, which experts say is in good condition and untouched by Dutch elm disease.

The elm is listed in the Ontario Forestry Association's honour roll of trees as having a crown spread of a 112 feet. It is believed to be 200 years old.

MPP will comment on many development comm. findings

MPP John Eakins has released a statement of intent in connection with the role he will play as a member of the Ontario Resources Development Committee. In it, he tells his constituents that "during the next few weeks I will be commenting on discussions that take place in the committee at Queen's Park and I am sure many subjects will be of interest to all citizens of Victoria-Haliburton."

Bill 127 will deal in committee with the proposed Pits and Quarries legislation; Bill 202, an Act Respecting Occupiers' Liability, and Bill 203 an Act to Protect Against Trespass to Property and under discussion at the present time.

For many in rural areas, these bills will mean that for the first time since 1834 farmland in the province will be recognized as private property and not as a playground for the province.

Norland to get new P.O. soon

NORLAND — Last year, Canada Public Works purchased property in Norland for a new post office building. At the last meeting of the Digby, Laxton Longford Township council, the plan for the new post office was received and filed.

Reeve Jack Ridgway stated that as long as the plans meet the building requirements the township does not have much say in the matter.

The present post office is run by Mrs. R. Bryant out of a converted garage which is owned by the Bryants. Reeve Ridgway said Mrs. Bryant is retiring and this was the basic reason for relocating the post office.

The reeve also indicated that the new building would be a one storey structure on Highway 35 and would cost about \$80,000.

To others in the field of education, concern has been expressed regarding an increase in trespass on school property and creating a discipline problem as a result.

give
generously!



the
Heart
Fund



Let's Go Snowmobiling

Good News Snowmobiling

"A lot of people would be dead right now if it weren't for snowmobilers..."

"Without the snowmobilers, rescue and relief efforts by area law enforcement agencies would have been as much adrift as the snow..."

"Those guys, they saved our city."

These are just a few of the spontaneous reactions of those who experienced the massive efforts by snowmobilers during the blizzards of 1977 and 1978, which swept through much of the East. These resolute snowmobile rescue squads braved windchill factors of as much as sixty to seventy degrees below zero in some areas to carry out their emergency rescue missions. In some cases, this meant searching for trapped motorists, transporting feed for livestock, rescuing stranded students from local schools and evacuating trapped employees from offices and factories, rushing insulin to diabetic patients, delivering medication, fuel, food and blankets to the needy, and transporting kidney patients and heart victims to hospitals.

But efforts such as these have been routine operating procedure over the years for formal and informal snowmobile patrols. Specially trained snowmobile club members usually volunteer to form patrols in co-operation with local and provincial police. These "on-call" patrols regularly provide search and rescue assistance to neighbouring communities, check summer resort communities for burglary or weather damage, assist in emergency deer feeding and perform many other community services.

Hopefully, it will be a long time before we experience an emergency equal to the storms of 1977 and 1978. But thousands of snowbelt communities can rest just a little bit easier knowing that snowmobile patrols will be standing by to respond to their needs.

If you are interested in joining a snowmobile patrol, contact your local snowmobile club. Or if you are interested in forming a patrol, contact your local police.

For more information, contact: Snowmobile Information Centre, P.O. Box 951, Station Q., Toronto, Ontario M4T 1H0. Or phone (416) 923-4459.

THE ABOVE COLUMN IS BROUGHT TO YOU BY:

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MINDEN

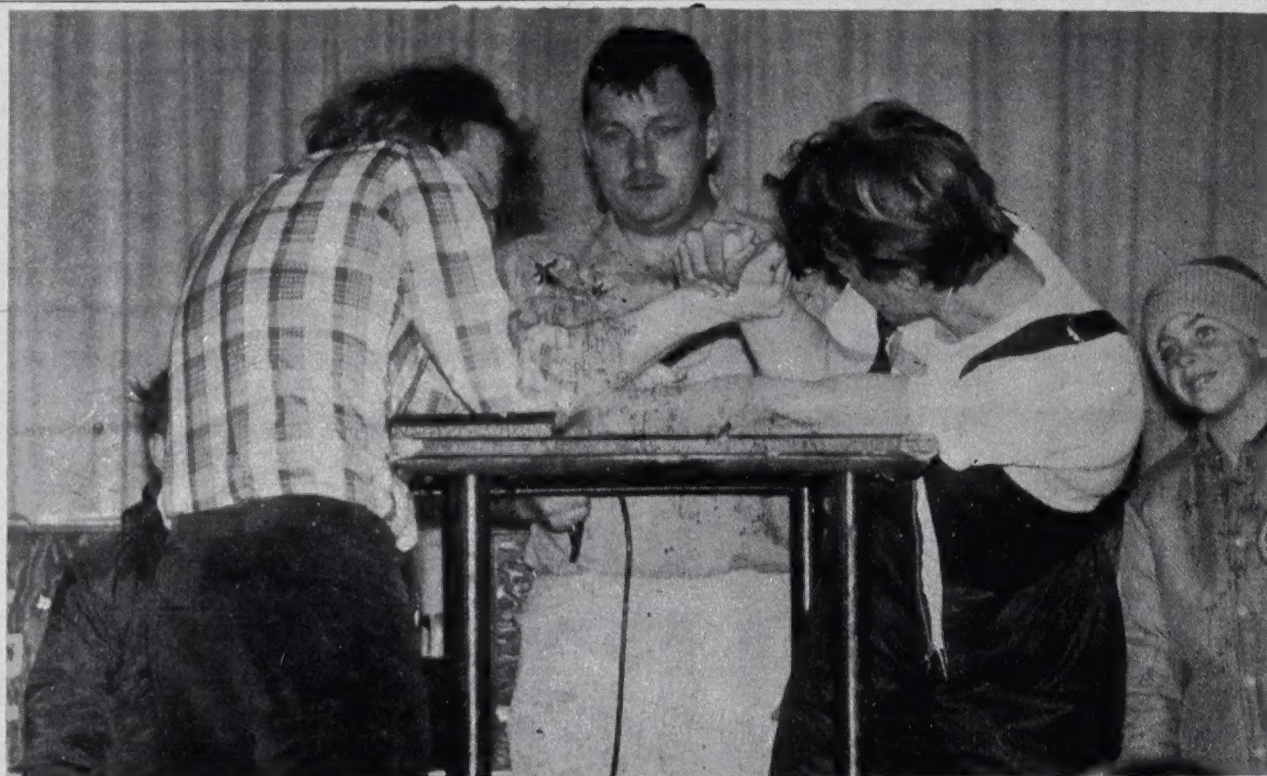
36-2750

Go'doo it.



ski-doo
snowmobiles

World's #1 selling snowmobile.



Carnival wrist wrestling champ

Proposed Library-Museum site unsatisfactory, new one needed

The second meeting of the year for the council of Anson, Hindon and Minden took place last Wednesday evening at 7:30 pm with the following business conducted:

Mrs. Ruth Gorrie spoke on behalf of the Library Committee and requested council's direction regarding a suitable site for the new library as the soil tests on the present site are not satisfactory. Council directed the by-law officer, R. Schell, to obtain pertinent information with respect to various buildings which have been constructed on floating slabs.

Mr. J. P. Hill attended council with respect to the proposed expansion of the Ingoldsby Cemetery. Council agreed with the purchase arrangements as discussed.

Messrs. Saunders and J. Garbutt attended council to advise that their feasibility study was underway at the curling club and hopefully more information would be available for the next meeting.

That it shall be policy of this municipality to provide each person employed in the works dept. with an annual clothing allowance in the amount of \$25.

That council concurs with the resolution of the Township of Brock relative to deferring the implementation of the metric system.

That we accept the quotation of Walker's Auto Repairs in the amount of \$190.76 for brake repairs etc. to the ambulance.

That we recommend that the Provisional County of Haliburton review the existing policy with respect to the bounty being paid for wolves.

That council has no objection to L. Alvarez's application to the Ministry of Natural Resources for permission to construct a dam on his property in Lot 8 Con. 2 Twp. of Anson, provided that if the



For the first time in the Kinsmen Winter Carnival, an arm wrestling competition was held and the Lightweight winner, top, was Ron Perrin, left and the Middleweight winner was Barry Ward, left, of Minden.

**If fitness is
a distant goal,
consider this:
you can walk
all the way.**

PARTICIPATION



property should be conveyed at some future date the drowned land shall also be deeded to the purchaser.

Insurance of Paintings — three quotations were received and S. Brandon declared an interest in this item and refrained from discussion and voting upon. Motioned by Pritchard-McKnight: that we accept the quotation for a Fine Arts Floater from Linda J. Brandon Insurance, in the amount of \$265 and the appropriate committee be invoiced accordingly.



IVAN RODD

FEDERAL LIBERAL CANDIDATE
For Victoria-Haliburton-Georgina

**ELECT
IVAN
RODD**



Ivan Rodd is well known throughout this riding as a business and community minded person. Ivan grew up in Pepperlaw, worked on the family farm in his youth, and served his country in the Royal Canadian Air Force. He is a Past Chairman of the Lindsay Industrial Committee, Past President of the United Appeal, and a Past Director of the Lindsay Chamber of Commerce. Ivan is an active member of the Moose Lodge, and Branch 67 of the Royal Canadian Legion.

I PROPOSE THE FOLLOWING:

1. To increase the Canada Pension Income Supplement by \$35.00 per month per person.
2. To prevent the implementation of unfair and inflationary excise taxes on gasoline and diesel fuels.
3. To re-establish Canadian prestige in the International Community.
4. To enhance security of the individual by helping those who most need assistance.
5. To develop industrial policies that will provide jobs and spur growth.

Sponsored by Victoria-Haliburton Liberal Association, 215 Kent St. West, Lindsay 324-0581.

In the News



DEMOCRATIC National Chairman John White has his work cut out trying to keep the party intact while President Carter and other hopefuls battle for No. 1.

Something to look forward to: They won't be wearing maxicoats on the beaches next summer.



ENTERTAINMENT

Mainstream Canada

It Could Be Tougher!

By: Roger Worth

All the indicators suggest it's going to be a tough year. No matter which political party is elected in the Feb. 18 trek to the polls, Canadians can expect to pay markedly higher prices for energy.

Inflation is expected to again surpass 9%. And the breadlines of unemployed Canadians will get longer as a result of a long-forecast recession in the U.S., cutting exports to Canada's largest market.

Interest rates are expected to remain high for some time to come. As a result, house-building will drop sharply and retailers may be hurt as consumers bite the personal bullet.

Roger Worth is Director, Public Affairs, Canadian Federation of Independent Business.

At the same time, the national debt has now passed the \$68 billion mark — that's about \$6,500 for each working Canadian — and is rising at the rate of about \$10 billion per year.

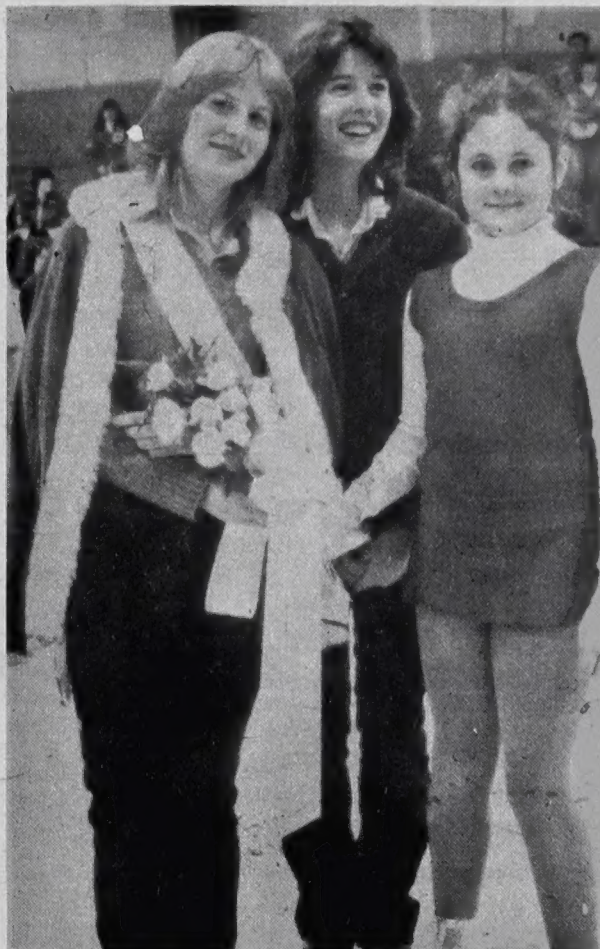
Not a pretty picture at all. Neither is there much room for optimism on the international scene.

In the midst of a Russian invasion of Afghanistan and hostage takings and revolutionary upheaval in Iran, we are faced with the sorry plight of hundreds of millions of starving people in the so-called developing countries.

There's little wonder people are losing their faith in paper currency, driving the price of gold to an unbelievable \$700 per ounce.

For Canadians, though,

Winter Carnival Queens for 1980 in Minden



JUNIOR QUEEN Tara Davies (left) of Minden with last year's Queen, Debbie Ingram (centre).



SENIOR QUEEN LAURIE ROLFE
Kinmount

the outlook for 1980 may not be as bleak as it is in many other countries.

While inflation, unemployment, and energy costs may rise, the increases will probably not be as dramatic as those in neighbouring nations.

In addition, new — though costly — energy sources are being developed and Canada is blessed with greater self-sufficiency in food than a lot of countries. It should also be noted that Canadian food prices are among the lowest in the world.

Like others, Canadians may be in for a tough year. But it's worthwhile pointing out that the standard of living here ranks with the world's leaders.

Things could be a lot tougher.

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Ross Mark, Proprietor

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Beaver Theatre MINDEN, ONT.	Feb. 1 Sat. 2 TIME AFTER TIME MALCOLM McDOWELL • DAVID WARNER MARY STEENBURGEN "TIME AFTER TIME" MIKLOS ROZSA • Screenplay by NICHOLAS MEYER Story by KARL ALEXANDER & STEVE HAYES Directed by HERB JAFFE NICHOLAS MEYER A FILM BY NICHOLAS MEYER	Sun. 3 AMERICAN NITRO
MOLOU Theatre HALIBURTON	Feb. 1 Sat. 2 THE WILD GESE BURTON MOORE HARRIS KRUGER	Sun. 3 AMERICAN NITRO

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Carnival has many winners, more results to follow

The Minden Kinsmen Winter carnival had many events scheduled over the weekend and to start things off, they held their annual Carnival Queen contest on Friday evening at the centre. This year's reigning senior Queen is Miss Laurie Rolfe of Kinmount and the runner-up Princess is Miss Nancy Kinsmen of Minden.

The 1980 Junior Queen is 13 year old Tara Davies of Minden while her Princess is 12 year old Glenda Newell, also of Minden.

The fish derby was also successful and this years champion is Mr. Gene Davey of Carnarvon who entered a beautiful 8 lb. lake trout he caught on Saturday in Boshkung Lake. Second prize went to Geo. Anderson of Kinmount who landed a 4 lb. 2½ oz. trout out of Gull Lake and third prize went to Everett Fearrey of Minden with his 2 lb. 7½ oz. laker from Big Bob Lake.

The Carnival featured a wrist wrestling championship this year and the winners were Ron Perrin of Haliburton in the lightweight, Barry Ward of Minden in the middleweight.

More carnival results will follow in next week's Express as they become available.

A soft answer encourageth the magazine salesman.

Lyle McKnight heads 1980 Recreation Comm. in Minden

MINDEN — The first meeting of the 1980 Minden Recreation Committee was held in the municipal chambers on Monday, Jan. 14th. The following persons were on hand for the occasion; Norm Harrison, Lyle McKnight, Ken Bannon, Faye Mansfield, Wm. Everson, Ross Warburton, Elinor Burke, Brian Sisson, Nadene Campbell, Mervin Barry and Ed Pergolas.

The first order of business was the nomination of a new chairman for the committee being Mr. Lyle McKnight and that Ken Bannon be appointed as vice chairman for the year 1980.

Minden's Rotary club representative Ed Pergolas approached the committee with respect to a proposal by the club to renovate and decorate the auditorium which was approved.

Minden Minor Hockey representative, Mervin Barry approached the committee re loss of ice time due to cancellations due to inclement weather or for other reasons, and the MMH is still responsible to pay for the unused time. The committee directed arena manager, M. Barry and C. Hie to review the actual costs and make a suitable recommendation.

The arena manager was directed by the committee to obtain three quotations for a new electronic time clock and scoreboard and determine trade-in allowance of the present one.

It was decided that the committee would make arrangements to rent 150 pairs of roller skates from Dominion Roller Skate Co. beginning June 1st, 1980 for \$3.75 per pair per month for a minimum period of three months and that a higher charge for sharpening skates would be set.

CGE introduces new long life lighting system for all

A 25-inch new fluorescent "light stick" for home lighting that can be monted in minutes wherever light is needed, is now available from Canadian General Electric.

Called "Bright Stik" the trim, self-contained and exceedingly light unit produces as much light as a 50-watt light bulb and lasts five times longer—from three to five years in normal use.

The one-piece, nine-ounce unit eliminates the need for a separate fixture and special wiring. It comes complete with a six-foot cord and on-off switch and is ready to plug in and turn on.

In addition to its more practical uses in kitchens, basements, closets, laundry rooms and workshops, Bright Stik can add decorative touches such as self lighting to accent art objects, plants or china.

The deluxe white fluorescent tube produces a warm pleasing colour similar to incandescent home lighting. Adhesive pads on Bright Stik's mounting

brackets help to position the unit and simplify installation. Screws are provided with the unit to permanently hold the brackets in place.

Suburbia



"I'm sorry, Donald, this fool's gold won't fool anyone."

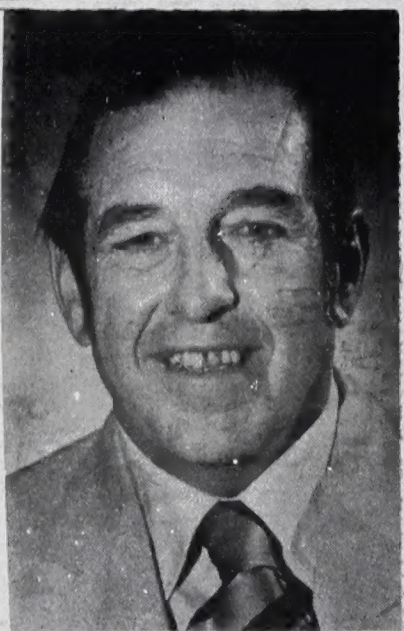
Short Takes

The first sign of spring around these parts is the sap beginning to rise to the lure of prices on used convertibles.

Any man who has lost his shirt over a romance can appreciate the symbolism of cupid in the fancy valentines.

RE-ELECT

BILL SCOTT



Bill Scott has a proven record of service to the people of Victoria-Haliburton! The Progressive Conservative government of Joe Clark proved that it had the courage to make the tough decisions needed for Canada today! Let's return Bill Scott to Parliament for continued person-to-person representation. Let's give the Progressive Conservative government a fair chance to give Canada realistic, responsible government.

VOTE BILL SCOTT ON FEB. 18

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LINDSAY — ONTARIO
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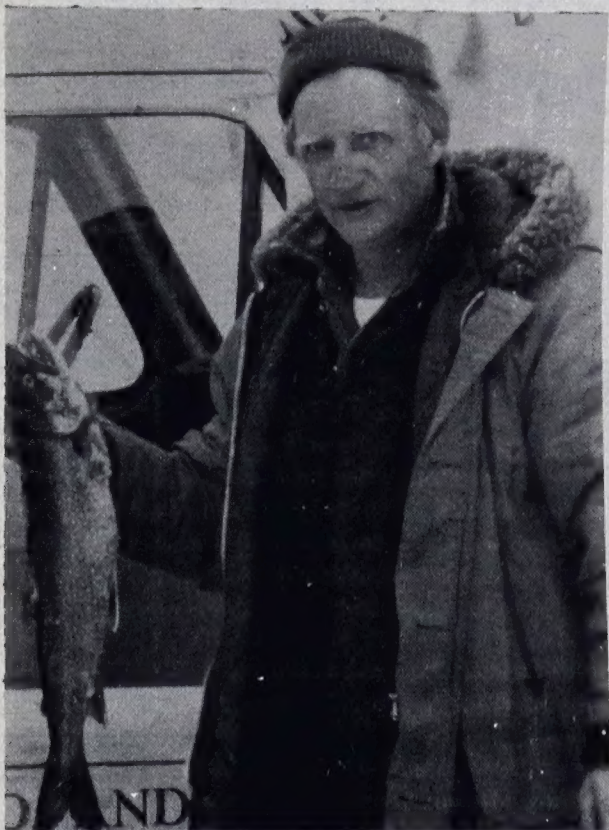
HIGHWAY 530 AT 35
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PROPERTY,
COTTAGE
OR FARM?
CHECK OUR
DIRECTORY
FOR AREA
TRADESMEN



VICTORIA — HALIBURTON





Gene Davey wins fish derby

The Carnival fish derby for 1980 was won by Gene Davey of Carnarvon with a Boshkung Lake trout weighing 8 lbs. Above, George Anderson, right, hooked the second biggest trout, a 4½ pounder out of Gull Lake. Third place went to Everett Fearrey of Minden with a 2¾ pounder out of Big Bob Lake.

Rick Hartwick leads team over Rockcliffe with 11 pt. night

Minden — It was one of those nights for the Hartwick Construction's Rick Hartwick, as he had a hand in eleven of his teams twelve goals in trouncing the Rockcliffe Hotel 12-5. Hartwick netted six goals and assisted on five others in this contest. Pete Lattner also had a fine night, playing just his third game the Construction boys scored once and assisted on six others. Larry Vick the third member of this line picked up a pair of goals, while Dave Pettis and Harris Steele had the others.

Larry Sawyer led the Rockcliffe Hotel scoring with five points including two goals. Singles went to Shane McKelvey, Don Cummings and Ted Vasy.

In the second contest on Monday evening Home Hardware extended their winning streak to 10 straight, bouncing Floyd Hall Insurance 9-1.

"NOTICE"

ANYONE WISHING TO MAKE A FINANCIAL CONTRIBUTION TO THE "GRENVILLE STAMP TRUST ACCOUNT" MAY DO SO BY MAKING A DEPOSIT TO THE ACCOUNT IN THE BANK OF MONTREAL, HALIBURTON OR MAILING IT TO BOX No. 542, HALIBURTON, ONTARIO.

THANKING YOU FOR YOUR GENEROSITY IN THIS MOST WORTHWHILE CAUSE.

FUND RAISING EVENTS FOR 1980 ARE NOW BEING PLANNED AND FURTHER NOTICE IN THIS RESPECT WILL APPEAR IN THIS PAPER.

Advertising... points the way to better buys.

Mr. Fix

A ladder is one tool that you don't just haul out and use with hardly a second thought. You should develop the habit of giving your ladder a careful inspection each time you use it.

Look for excessive shaking in a stepladder. Open it and climb a few steps. Shift your weight from side to side. A good ladder will not shake excessively.

The rungs of an extension ladder may not be as strong as they once were. With the ladder flat on the ground, step and then bounce on each rung. There should not be any looseness.

If a rung has a crack in it, better to break the rung this way than to discover it too late while climbing the ladder.

Give braces and hardware a thorough visual check. If there is any rust, clean it off before it causes deterioration.

Once you have the ladder leaning against the side of the house, climb up a few steps and see if bouncing on it causes an excessive amount of swaying.

Many of the same checks can be given a new ladder when contemplating a purchase. Also consider the differences between the ladders you are examining. Extra heavy rungs and side rails will be found on the better ladders. Rungs on wooden ladders should have metal braces beneath them. Metal parts should be of rustproof material. Hardware on a stepladder should

be sturdy and work smoothly.

Even the safest ladder is a hazard if not properly used.

Stepladders should be fully open. Check the side braces. They should be straight and locked.

Set up your extension ladder so that the base of it is away from the wall by a distance of about one-fourth its height.

Place the ladder on solid ground. On soft ground a board will provide a firmer footing. Metal ladders should have rubber feet to avoid skidding.

"And Elijah went up to the top of Carmel ... and put his face between his knees ... the heaven was black with clouds and wind and there was great rain." — I Kings 18:42-45

WE'VE MOVED!



Come to our Open House

Toronto Dominion is moving from its temporary location to their new premises on South Water Street, Friday, February 1st, and we would like you to help us celebrate.

Manager Al Mayo and his staff invite everyone to join them for light refreshment at an Open House, February 1st. Visitors are also invited to attend the official ribbon cutting ceremony to be held at 11:00 a.m. with Leeve Sinc Nesbitt and Mr. James A. Dickie, Vice

President and General Manager of TD's Ontario North & East Division.

Banking Hours:

Monday - Thursday 10:00 a.m. to 4:30 p.m.
Friday 10:00 a.m. to 6:00 p.m.

Drop in for some light refreshments and a look around our new branch.



TORONTO DOMINION
the bank where people make the difference

Is 36c gas tax the price we pay for tax relief asks Rodd

LINDSAY — Victoria-Haliburton Liberal candidate Ivan Rodd has accused the Clark government of providing tax and mortgage relief to people by increasing the gasoline tax by 18 cents per gallon. He made the accusation during his nomination address and then asked if another Tory government would raise the tax to 36 cents to support the program in the future.

Rodd stated that the Clark government did introduce a relief package for mortgage interest deductibility which would cost a little over \$500 million the first year and up to \$35 million in the fourth.

He drew the conclusion that this homeowners relief program had the exact same price tag in its first year as the yield from the proposed gasoline excise tax. He stated that the only fair way to judge the two measures is to assume that the government wanted automobile drivers, truck drivers, tractor drivers, renters and senior citizens to pay for the relief being given to homeowners. Rodd declared, "this does not make any sense."



IVAN RODD

He stated "I am one who understands very well the equities that justify a program to help people to pay their mortgages and to pay their municipal taxes. However, how much is it to those very people to learn that the way the Clark government proposes to provide relief is by increasing gas by 18 cents per gallon."

Rodd went on to note that Clark has now announced that the mortgage deductibility relief will be doubled if his government is re-elected.

"Are we to take it that the excise tax will be increased to 36 cents per gallon to pay for this program he asked?"

Snowarama cancelled, no snow new date set for Feb. 24th

Snowarama 1980 in both Haliburton and Minden been postponed until February 24 due to lack of snow throughout the county. Members of the Snowarama Committee regret the inconvenience and hope all those wishing, to take part will do so in February.

Events scheduled in Minden and Haliburton will remain the same for Snowarama 1980, same time same place.

Township of Stanhope

NOTICE

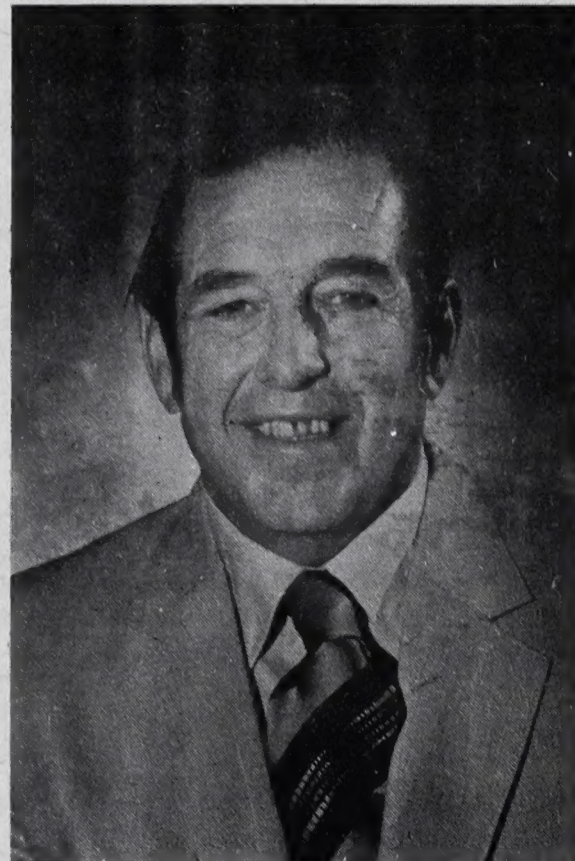
1980 dog licenses are now available at the Stanhope municipal office.

Every owner of a dog who neglects to obtain a license tag on or before April 30, 1980 will be charged.

W. J. Moore,
By-Law Enforcement Officer,
Township of Stanhope.

MP Bill Scott opens election committee rooms again

LINDSAY — Bill Scott, Victoria-Haliburton incumbent MP and PC candidate for the Feb. 18 federal election, has opened his committee rooms at 79 Russell Street.



BILL SCOTT

Speaking to the party faithful he re-iterated many thoughts expressed at the nomination meeting a week ago — the \$60 million cost of the election and the \$23.2 million per day paid on the national debt, because of the former Liberal government.

After cutting a ribbon, Scott said the most serious problem facing constituents is the economy, inflation and the cost of imported food. He stated that one-third of everyone's food budget is spent on imported edibles.

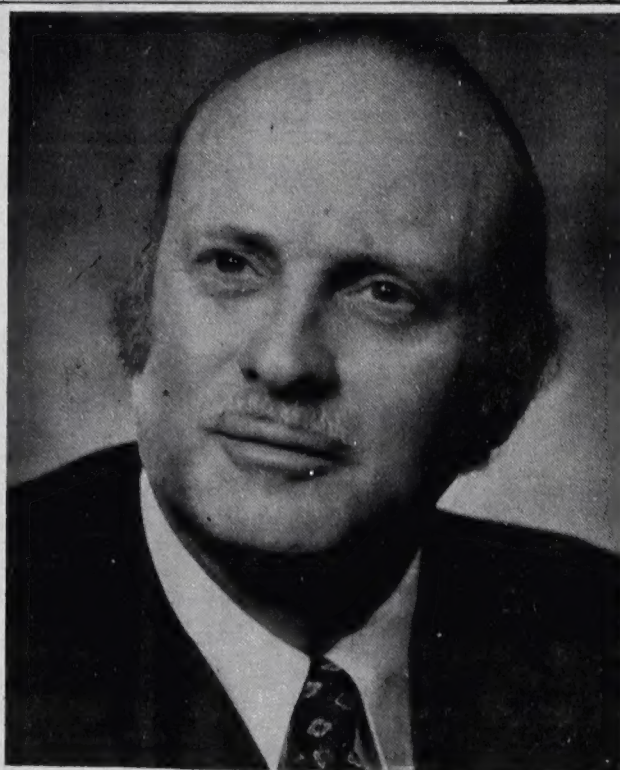
CARE with all your heart...

Your gift to CARE can provide nourishing food for infants, pre-school and school-aged children, day after day, to prevent and overcome the devastating effects of malnutrition, plus information for their mothers on nutrition, hygiene, sanitation and family planning.

Send your donation to-day to

CARE Canada

Dept. 4, 1312 Bank St., Ottawa K1S 5H7



PATRICK DANIEL OFFICIALLY NOMINATED m
Patrick Daniel, New Democratic Party candidate for Victoria-Haliburton was officially nominated at the Canada Elections Returning Office in Lindsay on Monday, January 21, 1980. Patrick was accompanied by his campaign manager, Art Field, and publicity chairman, Ralph Hart. Also in attendance was Ted Starr who officially witnessed the nomination. Mr. Daniel was born in Toronto in 1927 and during the election campaign is on leave of absence from the Ottawa Board of Education. He also operates a tree farm in Minden Township and is currently president of Mountain Lake Property Owners Association.

Patrick Daniel N.D.P.

CANDIDATE FOR
VICTORIA-HALIBURTON

GET INVOLVED...

CONTACT PATRICK AT CAMPAIGN
HEADQUARTERS

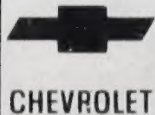
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Chrome Floor Polisher, extra brushes call 457-1854. (5)

1974 Volkswagon, uncertified \$1000, certified \$1400. Phone 457-2586. (3)

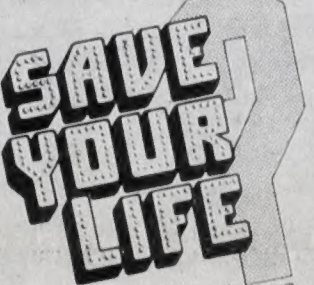
FIREWOOD FOR SALE — call 286-2655. (50)

399 Skidoo, new track, one owner, good shape, \$495.00 also complete Skidoo body, good track, no motor, \$175. Call 286-1939. (49)

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The 2 BILLION* DOLLAR QUESTION

*the cost of Heart Disease and Stroke to the Canadian economy each year.

Give... THE HEART FUND



Thinking Slim

BY JEAN NIDETCH

"Do you know what my New Year resolutions were?" asked Ginny, a high school student. When I asked, what, she laughed and said, "Not to make any resolutions! I didn't have to this year!"

But a year ago, the pretty blonde who plays violin in her high school band did make one — to her ultimate delight.

"I was 40 pounds overweight," she says, "and miserable. I don't know how any kid who is fat can be anything but miserable with kids always making jokes at your expense."

Still Ginny had her music. "I really love playing the violin and it's a wonderful feeling playing in the band, even though we're not that great," she says.

Music was her outlet and, besides food, her solace. "If something went wrong, I either picked up my violin or a loaf of bread!"

She stopped doing both, she says, the night of the school Christmas concert. "This was my second concert," she says. "You'd think I'd be nervous, but somehow I just got excited when we play in public. In a way I look forward to it."

"Anyway, that night I got to the auditorium a little earlier than the other members of the band and I was feeling great. I picked up my violin and began playing some scales and hardly noticed two boys who'd sneaked in and were standing in front of the stage. When I stopped playing, one said to the other, 'How can she find the strings under all that chin?'"

Ginny was mortified, she says. "I don't know how I got through the evening. I do know I couldn't touch my violin for a week after that. All I touched was food. But I love music too much to give it up, so by New Year's Eve, I had resolved to lose weight. I was darned if a double chin was going to make me lose the joy of my music!"

Ginny was as good as her

FOR RENT — Modern 3 bedroom home, wood & oil combination furnace, school bus at door, phone after 5 pm. 447-2263. (50)

Large 3 bedroom 28x46, like new, its a bargain, carpeted hot water heat, TV tower & rotor, fireplace with convecto heater, on lake. Also municipal plowed road close to Haliburton. Phone 457-2793 or 457-2340. (3)

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LOST

LOST DOG — Horseshoe Lk blonde, collie face, husky tail. Family pet. Reward, Call 286-2390, after 7 pm 286-1144. (5)

Card of Thanks

The Winter Carnival Committee of the Kinsmen Club of Minden would like to thank all who donated or participated in any way to make your Kinsmen Winter Carnival a success. (5)

FITNESS NOW!

Time for fitness is time on Your Side.

PARTICIPATION
The Canadian movement for personal fitness

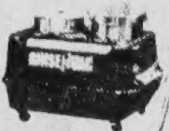
WANTED: any military items, badges, medals, souvenirs, etc. 454-3209. (46)

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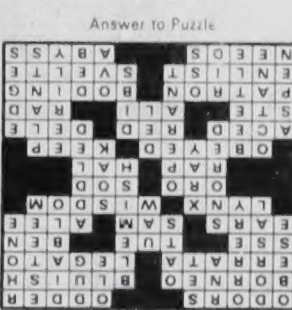
Crossword

ACROSS

- Smells
- More strange
- SE Asian island
- Lavender
- Errors
- Musical term
- Compass point
- Day of week (abbr.)
- Franklin
- Corn plant parts
- Golfer Snead
- In a sheltered place
- Constellation
- Sagacity
- Gold (Sp.)
- Sward
- Strike lightly
- Actor March
- Minded
- Detain
- Shot hole in one
- Communist
- Strike out (abbr.)
- Female saint (abbr.)
- Turkish caliph
- Radiation measure (abbr.)
- Financial sponsor
- Signifying
- Join the colors
- Slim
- Requires
- Gulf

DOWN

- Tergal
- Model of solar system
- Genetic material
- Stage need
- Corrida cheer
- Shovelled
- Devil (Sp.)
- Respect
- River in Europe
- Horse food
- Stain
- Auto workers' union (abbr.)
- Made sleep noise
- Confounded
- Medical picture (comp. wd.)
- Ret
- Doing its work
- Gasoline rating
- Insect
- Of the (Sp.)
- Spookily
- Flora
- Trembling tree
- Rights (sl.)
- Borders
- Make free
- CIA forerunner
- Eggs
- Young socialite, for short



Answer to Puzzle



PROVISIONAL COUNTY OF HALIBURTON
ROADS DEPARTMENT

Applications will be received by the undersigned until Monday, February 4, 1980, for the position of "Party Chief" for the survey crew.

Application to give education, previous work experience and other personal information.

W. E. Obee, County Engineer
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705-286-1762

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Clarks
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Borden instant
hot
chocolate 500 gram tin **1.99**

Del Monte pineapple-orange or
pineapple-grapefruit
juice 48 fl. oz. tin **.69**



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cereal
675 gram pkg.

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assorted Betty Crocker super moist
cake
mixes 510 gram pkg. **.89**

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sauce 28 fl. oz. jar **1.39**

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Parkay
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cream corn
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Pamper
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oreo cookies 450 g pkg. **1.29**

Shirriff
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Savarin assorted frozen
dinners
11 oz. pkg.

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Savarin assorted frozen
meat
pies 8 oz. pkg. **.89**

Minute Maid frozen concentrated
orange
juice 12 1/2 fl. oz. tin **.89**

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macaroni & cheese 2 8 oz. pks. **.79**

fresh from the shoulder
pork butt
roasts lb. **.99**

Schneiders, 4 varieties
SWIFT'S DELI's **1.39**

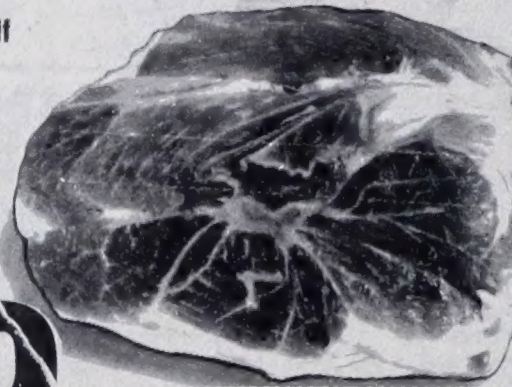
fresh from the shoulder
pork butt or
shoulder chops lb. **1.28**

Schneiders 16 oz. pkg.
Beef Steakettes **1.78**

Swifts Pure Pork
Farmer Sausage **1.19**

fresh whole or half
pork picnic
shoulder
roasts
lb.

.79



Schneiders chicken, luncheon,
macaroni & cheese, dutch, pickle
& pimento, headcheese, or

lunch
meats 6 oz. pkg. **.69**

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skinless wieners 16 oz. pkg. **1.34**

Schneiders
steak meat pies 14 oz. pkg. **1.68**

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Imported No. 1 Green Cabbage, each **.53**

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Rub A535 57 gram or 2 oz. tube **1.39**

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bridge mixture 12 oz. pkg. **1.19**

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sponge pudding mix 9 oz. pkg. **.59**

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lemon pie filling 7.5 oz. pkg. **.49**

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Sports Page

by CLIFF BURKE



Jarvis Steelers, Broomball champs

The Jarvis Tournament Steelers were the class of the Kinsmen Winter Carnival Broomball tournament last weekend. Here, the team and their supporters whoop it up

after collecting the hardware and prize money that goes to the champions.

Kin broomball tournament is won by Jarvis Steelers

MINDEN — The annual carnival broomball tournament was held all day Sunday, with five teams playing a round robin format with total points deciding a champion and runner-up. Jarvis Tournament Steelers were declared this year's champs after chalking up two wins, a tie and a loss and scored seven goals while giving up just two.

Peterborough's Mr. Sticks took the runner-up trophy with an identical record, only they could muster only two goals for and one against. Third-place

went to the Fraserville Stores with a 2-0-2 record. Pickering Rangers were fourth at 1-2-1 and Minden Jets finished fifth with a record of 1-2-1.

The following are the 10 games played: Minden vs Jarvis 0-0; Fraserville vs Pickering 2-0; Minden vs Pickering 2-1; Pickering vs Jarvis 3-2; Peterborough vs Fraserville 1-0; Peterborough vs Minden 1-0; Peterborough vs Fraserville 1-0; Fraserville vs Minden 1-0; Jarvis vs Peterborough 1-0; Peterborough vs Pickering 0-0 and Jarvis vs Fraserville 4-1.

Dave Hartwick gets 7 points Dominion downs Bancroft

MINDEN — The Kinsmen Winter Carnival opened on Friday evening at the community centre with the Figure Skating Club presentation, beauty Queen contest and ended with a hockey game played between the Dominion Hotel and the Bancroft Oldtimers.

The Dominion Hotel squad was made up of an all-star team picked from the Minden men's recreational hockey league.

Bancroft Oldtimers had given Minden a very hard time in two previous exhibition games but on Friday evening it was the Minden squad who played excellent hockey winning 13-7.

Dave Hartwick was the driving force in this contest, netting the hat trick and setting up four others. Brother Rick also scored three times, while Leigh Bull netted a pair as did Wayne Johnson. The rest of the scoring went to Larry Kent, Dave Dollo and Jeff Campbell.

R. Giegrich potted three for Bancroft, H. Crosby had two, singles went to H. Maloney and G. Dickey.

Dollo IGA Juveniles take 2 game lead over Bobcaygeon

MINDEN — The Dollo IGA Juvenile hockey team is just one game away from winning their first round of playoff action. On Friday in Bobcaygeon, Minden edged the Ticats 5-4 in the best three out of five series. Then on Sunday evening at the centre in Minden they doubled the count on the Ticats with a 4-2 verdict.

In Bobcaygeon on Friday, five different players shared the scoring. Corey Walker, Tim Davies, Kim Hamilton, Pete Johnson and Greg Carpenter. On Sunday at the centre Dave Shapiera, Shawn Silvers, Roger Hicks and Tim Davies scored.

The Sunday encounter was a somewhat chippy affair, with both teams playing very tough, physical hockey, resulting in 62 minutes in penalties, 36 to Minden. The third game is on Friday evening at the Centre at 8 pm.

Minden Midgets, Bantams and Atoms win playoff games

The playoff picture looks very rosy around Minden to date, as not only the Dollo Juveniles are winning but so are the Walker Lumber Midgets, Minden Bantams and Minden Atoms.

Playing a home and home round robin total-point series with Bobcaygeon and Sunderland, the midgets won their opening game on Bobcaygeon ice 5-1 Thursday evening.

Harold Porter led the locals to their win with a pair of goals while singles went to Kevin Shapiera, Dave Lennie and Shawn Chapman.

Also on Thursday, the Minden Bantams opened their playoff tilt with Bobcaygeon, but came out on the short end of a 3-0 score. However, at the Centre on Saturday afternoon they played perhaps their finest game of the year making the series one each with a super 4-2 win that had the large crowd screaming.

The game was a wide-open, end-to-end action filled contest and the outcome was in doubt until late in the final period.

Eldon Bull had his finest game of the year, netting two goals while teammates Kevin Warburton and Robbie McLeod each scored once.

The Minden Atoms travelled to Manvers last week to open their playoff round and won 3-1.



The Minden Novices continued their spectacular play over the weekend, winning the Kinsmen Winter Carnival

Novice tournament. Above photo shows the winners with their gold medals and trophies as tournament Champions.

Russell, Stevenson star in Novice tourney championship

MINDEN — The annual winter carnival Novice tournament was held Saturday and the champions for 1980 are the local Novices. Playing the type of hockey that has seen them run up an incredible record of 10-1-1 this season, they won every game they played.

In their tournament opener they downed Haliburton 5-0 and Scott Russell scored all five goals. In the semi-finals they met a very strong team from Coldwater and tied 2-2 but entered the championship game due to scoring the first goal. Scott Russell

scored both Minden goals.

It was Sheldon Stevenson's turn to carry the load for Minden in the final, netting the hat trick while Russell had one, in their 4-1 win over Bewdley.

Haliburton came through with the consolation final, dumping an outclassed Lakefield 2 team 8-1. They reached the final by dropping Lakefield 1-6-2. Their win in the final gave them the Coulter Trophy. Minden won the Kinsmen Carnival Trophy while Bewdley, as runners-up in the championship game, took home the Porter Trophy.

Healthy Hearts start young

Mention heart disease and many people think of heart attack and other heart and blood vessel problems that only relate to old age. But parents of several thousand babies born each year in Canada with heart defects know otherwise. So do the parents of the many children with rheumatic heart disease.

Other forms of heart disease may begin developing in childhood if good health habits are not formed.

Parents may be able to keep a child's heart healthy and lower the chances of a premature heart attack or stroke in years to come by guiding the child to heart-healthy habits. The earlier this guidance begins the better the chances are the child will form the habits that reduce the risk of cardiovascular disease.

ase.

Children form lifetime habits by observing examples that are set for them. If no one in the home smokes and a sensible "non-nagging" argument is given why smoking is bad, the child will be less likely to be tempted by his peer group when he gets to school.

If the child is used to nourishing meals at home, meals low in saturated fats and cholesterol, he will select the familiar foods when he eats out.

A wholesome and regular exercise routine with full family participation provides the stimulus for a youngster to continue the pattern even when he is living away from home.

Home habits of heart health become a significant part of a young person's makeup and these personality traits last a life time!

Heart Foundations across Canada with the motto: "A Healthy Heart is a family Affair" have available, at no risk factors and offering solution to the problem of getting your children to co-operate.

Prevention of cardiovascular disease is what the Heart Foundation is all about. While most of the funds go to research to find the causes, cures and means of preventing heart disease and stroke, a generous part of the Heart Fund dollar is spent on providing the education materials for use in schools, home and other places people get together. Simply write or call in to your nearest community heart unit or chapter or write to your provincial Heart Foundation for pamphlets, books and leaflets and for films on these vital subjects. All educational literature is free from your Heart Foundation. Let's use it to start our children as early as possible on the road to heart health.

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HOT FOOD AND DRINK IN THE
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MR. STICKS RUNNER-UP

The Peterborough entry, Mr. Sticks took the runner-up money and trophy in last week's Carnival Broomball

tournament.

Housing & HUDAC boost rehabilitation of market

In an effort to boost employment in the construction industry, Ontario's Ministry of Housing and the Ontario Council of the Housing and Urban Development Association of Canada (HUDAC)

today reached agreement on a joint program to stimulate rehabilitation and conversion of housing stock in the private residential market.

Announcement of the agreement was made by Housing Minister Claude Bennett in a speech to the Ottawa Chapter of HUDAC.

Bennett said the joint program had eight major objectives:

- to provide employment in the construction industry;
- to increase the supply of rental units;
- to help correct the imbalance between household size and unit size;
- to conserve and improve the assets of most families, the family home;
- to lower energy costs with improved insulation and other energy efficient procedures;
- to provide income for individuals who are "asset rich" but "cash poor";
- to improve the vitality of inner neighbourhoods and core areas;
- to contain urban centres within their present boundaries and make better use of existing services.

"To achieve these objectives, the Ministry of Housing, working with HUDAC Ontario representatives, hopes to provide a better deal for the consumer by developing quality control standards for the rehabilitation industry," Bennett said.

To this end, HUDAC Ontario will be creating a Residential Rehabilitation Council to represent the renovation sector of the housing industry.

Bennett outlined a series of other steps his ministry would take including establishment of a permanent liaison function with HUDAC, development of guidelines for use by municipalities, and development of retraining courses for contractors and tradesmen.

In addition, Bennett said ministry staff would work with HUDAC in organizing special workshops for contractors, tradesmen, the financial sector, manufacturers and municipalities.

"These workshops would be designed to broaden understanding of rehabilitation and conversion, and to develop

op useful mechanisms for co-ordinated action," he said.

"This ministry plans to hold a major international idea exchange in June 1980. It will be called, 'Ontario Renews: Action for the '80s' and will be designed to provide a forum for exchange of views on renewal and revitalization issues between customers, suppliers, government agencies, financial institutions and the like," Bennett added.

Bennett complimented HUDAC for the speed with which it responded to his pleas for joint action to tackle a growing imbalance in Ontario's housing market.

"When I spoke to you last September, I said Ontario's housing market would soon be under great strain because of changing trends in lifestyle and in family size.

Car, pickup collide on 519

HALIBURTON — On Tuesday, Jan. 22nd, a 1972 car driven northbound on 519 by David R. Kennedy 29, of Haliburton went out of control and struck a south bound truck driven by Christopher Hodgson 18 also of Haliburton.

Police report damage to the car at \$500 and to the pickup, \$600. No injuries or charges were reported. PC Bill Clendenning.

\$1620 property setolenf rom cottage

IRONDALE — Between Jan. 13 and 20th, a cottage on the Irondale River in the Furnace Falls area was broken into and more than \$1620 worth of property was stolen.

The cottage was entered through a window and among the stolen items were a frid, chainsaw, fireplace and assorted household items.

The investigation into the break, enter and theft is being conducted by PC Mike Maher.



WEDDING INVITATIONS

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We also have personalized wedding napkins, matches and cake boxes.

The Highlands Express

R.R. 2, Minden, Ontario 489-2036

You're Cooking

Molded salads, whether filled with fruit or vegetables, are ideal for entertaining. For a special Valentine's party treat include a dessert-like fresh cherry parfait salad and a pitcher of iced tea or fruit-filled sangria along with platters of meats, cheeses, relishes and warm rolls. If you're celebrating the day in a hot climate remember to keep all foods cool or chilled and avoid the old habit of letting foods sit unprotected for a long time on a hot day or evening before serving.

FRESH CHERRY PARFAIT SALAD

2 cups fresh or canned sweet cherries
3/4 cup water

1 (3 ounce) package lemon-flavor gelatin
1 pint pineapple sherbet
1/4 cup chopped walnuts
Whole sweet cherries for garnish
Mint sprigs or salad greens

Pit and slice cherries. Bring water to boil. Add to gelatin and stir to dissolve. Add sherbet, by spoonfuls, stirring until well blended and partially set. Fold cherries into gelatin along with walnuts. Pour into 1 quart mold. Chill until firm. Unmold and garnish with whole cherries and mint sprigs or greens. Makes 5 to 6 servings.

(Note: Well drained canned sweet cherries or frozen cherries may be used

when fresh cherries are not available.)

BARBECUE SALAD

1 package (3 ounces) lemon, orange or orange-pineapple flavor gelatin
1/2 teaspoon salt
1 cup boiling water
1 can (8 ounces) tomato sauce
1 1/2 tablespoons vinegar
Dash of pepper
(Or use tomato sauce with cheese)

Dissolve gelatin and salt in boiling water. Blend in remaining ingredients. Pour into a 3-cup mold, individual molds, or a serving bowl. Chill until firm, about 4 hours. Unmold. Serve with crisp salad greens and

mayonnaise, if desired. Makes about 2 cups or 4 servings.

(Note: For extra flavor, add small amount of one or more of the following seasonings to the gelatin mixture before chilling: Onion juice, seasoned salt, celery salt, cayenne, Worcestershire sauce, Tabasco pepper sauce or prepared horseradish.)

Barbecued Vegetable Salad. Prepare Barbecue Salad as directed, adding 1 teaspoon onion juice and other seasonings as desired. Chill until thickened. Then fold in 1 cup drained cooked mixed raw vegetables (radishes, carrots, celery, cucumber, cabbage, green pepper). Spoon into a 3-cup mold or individual molds and chill until firm. Makes about 3 cups or 6 servings.

PHOTOGRAPHY

by
Dal Hubbert
457-1789



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Aarøskøbing on the island of Aarø, south of Funen, is an idyllic town with interesting old houses, and gives perhaps the best general impression of a Danish town in 17-18th centuries.

The ancient mariner of Aarøskøbing

TUCKED away on the tiny Danish island of Aarø, in Denmark's southern belt, lies an enchanted little secret named Aarøskøbing, a lilliputian city of wavy cobblestone streets, gingerbread houses with carved wooden doors and cast iron lamps. Time seems to have passed over Aarøskøbing, leaving behind an unscathed and beautiful pint-sized souvenir from the past. Everything is man-made and seems miniature in size — from the boats moored in the harbour to the Old Town Hall. So small are the houses that windows often reach only to one's waist. Little wonder then that Aarøskøbing has been known to sailors and travellers throughout the years as a small sea pearl, forever waiting to be discovered and marvelled at.

During the Middle Ages, and through until the early 1800's, Aarøskøbing was Aarø's main commercial port — hence the name "Aarøskøbing", which translates from the Old Danish into "Aarø's market-place". This harbour town could once boast of being "home-port" to nearly 100 commercial sailing ships in the hey-day of the windjammer. As Aarøskøbing's only contact with the world came via the sea, its history and that of the square-rigger were often found hand-in-hand. It seems only appropriate then that there exists an entire visual history of the sailing ship in miniature and in bottles in Aarøskøbing.

Aarøskøbing's miniature "Ship Museum" contains the life work of an old ship's cook named Peter Jacobsen. Peter built his first ship-in-a-bottle when he was sixteen years old, and his last when he was eighty-four. By the time he died in 1960, "Bottle" Peter had crafted over 1700 different bottled ships and 150 model sailing vessels built to scale. Known as the "Ancient Mariner of Aarøskøbing", Peter opened his exhibition in 1943 inside Aarøskøbing's old poor seaman's home — just as the last sailing ships faded into memory.

When entering Peter's "Skibs Museum" the visitor's attention is drawn to the world's largest piece in bottled-ship construction. Inside, sixteen different naval and trading ships seem to bob up and down on a dark autumn sea, as a bustling commercial port rears up in the background. This scene was built into a three foot long German wine bottle, believed over sixty years old, it contains ships of a Dutch vintage from around the turn of the century.

Next to this piece we find a display of mounted model ships. It is here that Peter displays a true seaman's knowledge of historical developments in European sailing vessels. Beginning with a bored-out log and moving from the viking long-boat and Spanish galleon, "Bottle" Peter ends on familiar ground. This was the world's largest sailing ship — the five masted, full-rigged German "Prussian". Peter had been cook and headmaster on this proud ship in 1905. Luckily for him, however, he decided to take another assignment, for the "Prussian" sank in the English Channel during the winter of 1912 — after being rammed by an English steamer.

All in all there are over 500 ships-in-bottles now displayed in "Bottle" Peter's museum collection. Mounted and displayed in the museum's four rooms, each piece has its own particular place and setting.

Peter drew upon his intimacy and experience with the sea when building his boats. Born in the Danish fishing town of Kalundborg, Peter grew up with the sea as his closest companion. His father was a fisherman there, and Peter used to explain that it was from his father that he acquired his great love and admiration for the sea. When once asked why he made so many seemingly useless boats inside bottles, he explained, "for me it is something like carving a lover's heart into a tree". Obviously, his ships were like carved hearts — and his love was the sea.

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THE

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(All events take place on Head Lake)

February 16 & 17, 1980

Saturday, February 16th:

DRAG RACES

TOWN DOCK — STARTING TIME
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125 mi. Snowmobile Race

CROSS COUNTRY, SNOW CONDITIONS
PERMITTING. STARTING TIME: 9:30
ENTRY FEE: \$10.00

Sunday, February 17th:

4 Wheel Drive Races

INDIVIDUAL TIMED COURSE
STARTING TIME: 11:00 A.M.
ENTRY FEE: \$3.00

Oval Racing, Snowmobiles

MOST CLASSES INCLUDING MODIFIED
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For more information, contact Pat

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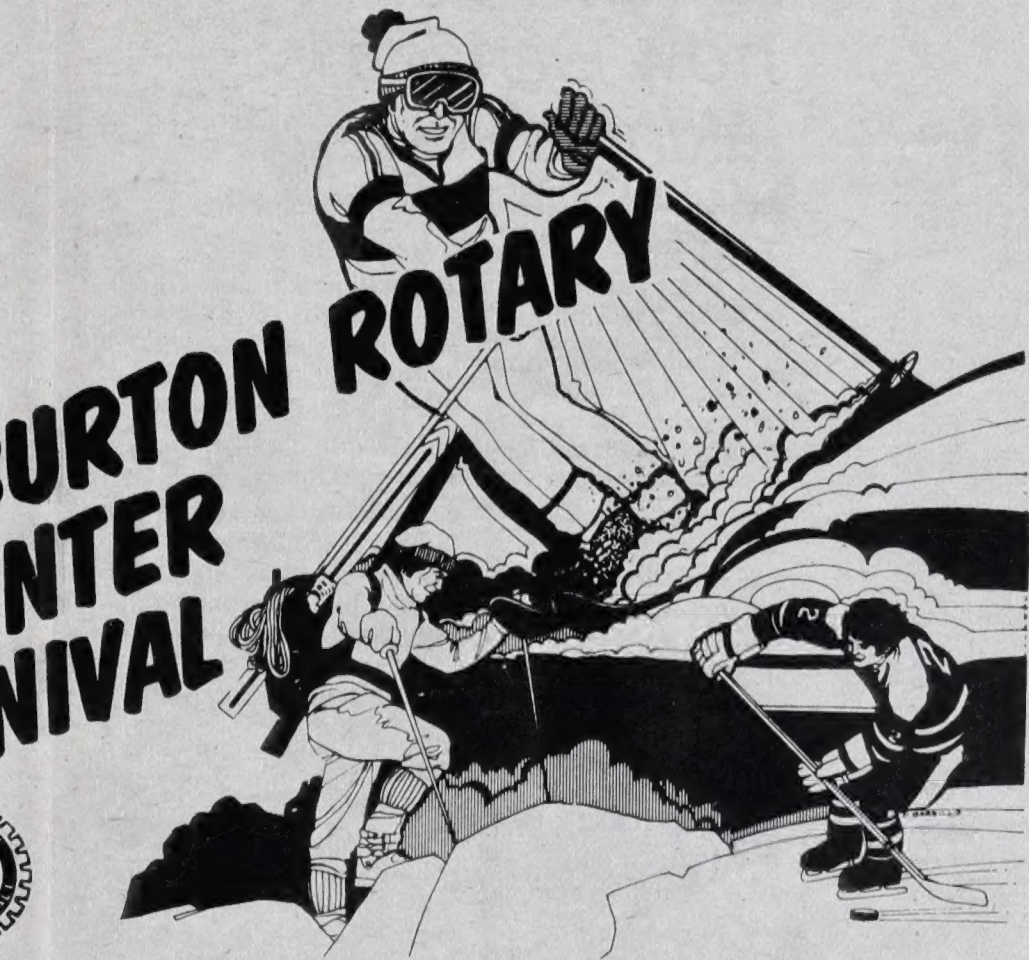
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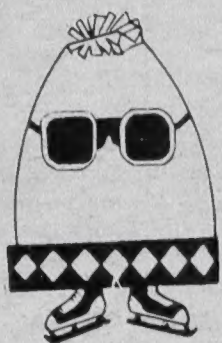
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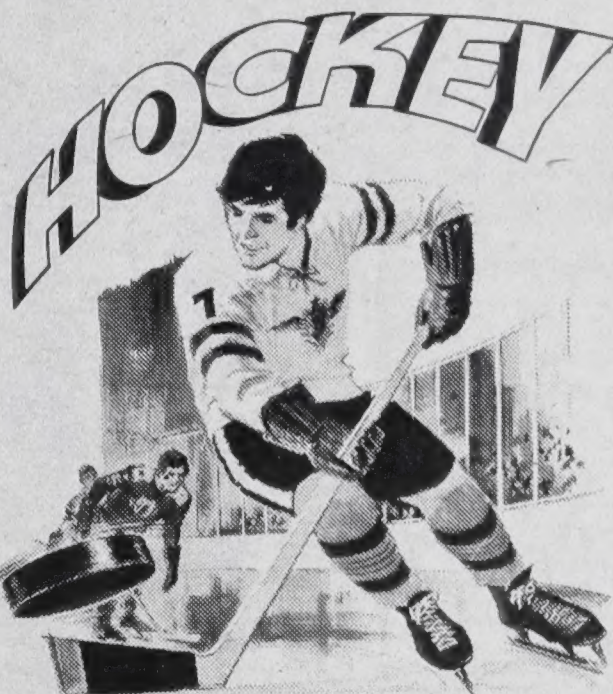
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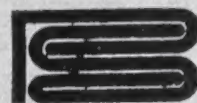
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Haliburton takes weekend Consolation Final

The Haliburton Stedmen Novice team captured the Consolation Final at the Carnival tournament, downing Lakefield 8-1.

Abraham ate it — now Canada is taking a yogurt break

A revolution in the snacking habits of millions of North Americans is working its way through Canada, to the joy of nutritionists and the dismay of junk-food salesmen.

Heightened awareness of health and fitness and the body's nutritional needs, and the growing concern about the dangers of being overweight have all played a part in changing eating habits.

For many, doughnuts are out, and nutritious snacks, led by yogurt, are in. You'll

find it not only in the health food stores and the supermarkets, but in schools and universities, factory and office cafeterias and take-out restaurants.

Therapeutic

Yogurt has been around for over 6000 years. Abraham thrived on it until he was 175 (according to legend an angel gave him the recipe) and it was eaten by the ancient Egyptians, Greeks and Romans, all of whom had a high regard for its taste and health giving properties.

While the Middle East and Eastern Europe continued to use yogurt as a staple food, it was not until the turn of the century that Western Europeans took to eating it in vast quantities.

That was when Ilie Metchnikoff, the head of the world famed Pasteur Institute in Paris, researched the eating habits of people in the Balkans and named Yogurt as one of the key reasons for their longevity.

Today, scientists are still studying the therapeutic aspects of yogurt, especially the ability of certain bacteria used to ferment the milk when making yogurt, to fight off toxic substances found in the human intestine. Yogurt too is recommended by many doctors as a post operative food and in formulating diets for people with digestive problems. Strangely enough it was not until about 1930 that the product first reached North America but with little success.

Then in 1933 fruit yogurt was introduced in Prague. By the 1940's the habit had spread to North America.

Kills hunger pangs

Most people see yogurt as a convenient, nutritious and flavorful food, and for many it has gained popularity in weight reducing diets. This is not due to any miraculous qualities, or the relatively low calorie count in plain yogurt. One of the greatest problems in a diet in "hunger pangs" and the temptation to "sneak a snack". Yogurt provides an excellent way of controlling hunger pangs while ensuring a good intake of protein and essential vitamins.

Many office workers are following the example of their European counterparts and are taking a yogurt break. Beatrice Fruit Bottom Yogurt, has a unique sturdy sized container with just enough yogurt and fruit (175 gr) to provide a satisfying and nutritionally beneficial snack.

Young mothers have found it a highly satisfactory easily digested snack or dessert for youngsters.



Babies love yogurt, it's easy to digest and the lactobacillus it contains fights coli picked up from play areas.

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**The
Highlands Express**

R.R. 2, MINDEN, ONTARIO
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"NOTICE"

THE MINISTRY OF NATURAL RESOURCES IS PRESENTLY COMPILING A LIST OF CONTRACTORS AND PRIVATE INDIVIDUALS THAT MAY HAVE SKIDDERS FOR RENT. Please forward the following information to the Ministry of Natural Resources, Minden, Ontario K0M 2K0 if you would like to be considered for future projects requiring a skidder.

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Phone Number: 286-1521



Ministry of
Natural
Resources

Hon. James A. C. Auld
Minister
Dr. J. K. Reynolds
Deputy Minister

Fast yogurt recipes

WAFFLE SUNDAY

2 cans (4½ ounces each)
cleaned shrimp, drained
chopped
1 container (6 ounces)
Beatrice Plain Yogurt
¼ cup mayonnaise
2 tablespoons minced onion
2 tablespoons minced green
pepper
2 tablespoons finely chopped
pimiento-stuffed green
olives
¼ teaspoon soy sauce
Dash liquid hot peppersauce
Salt and pepper to taste

Stir all ingredients together
until well blended. Chill. Use

as a filling for sandwiches or
celery. 2-1/3 cups.

SHRIMP FILLING

Spoon Beatrice Fruit
Bottom Strawberry Yogurt
on a toasted waffle. Garnish
with peach slice and whole
walnuts.

PEACH CREPES

Spoon Beatrice Fruit
Bottom Peach Yogurt in
centre of 2 crepes. Fold in
half; spoon on more yogurt.
Fold again like a fan. Place
crepes on dessert plate, with
points toward centre. Place a
spoonful of yogurt in centre;
garnish with 2 peach slices
and a maraschino cherry.

Guild disbands, but log and timber business thrives here

HALIBURTON — The Haliburton Guild of Log and Timber Joinery was disbanded January 14th, 1980. The Guild was formed in the spring of 1979 on the basis of support from the local Economic Development Commission and preliminary discussions with municipal officials.

Original intentions were to construct a three or four acre site that would serve as a teaching facility, visitor attraction, as well as a building area for house contracts. The Guild regrets that subsequent discussions failed to yield the municipal support originally offered.

Fully confident of the need for such an industry in the County, the Guild members have decided to reorganize and continue the offering of hand-crafted log and timber structures via three private enterprises. Steve Watt of Dorset will be operating as a separate company, as will Glenn Diesel of RR 1, Haliburton. These two builders are currently constructing a log house in the Donald area, with another slated to be built in the County later in the spring. Bob Clift, Steve Cooper, Gary Kenney, Bob Kenney and Dave Edge will form a newly organized construction company as part of The Blairhampton Alternative. Currently they are finishing a 30 acre site in Blairhampton for that company's summer building courses and mail order tool business. Negotiations are underway for the contract of a timber framed home in the town of Minden.

The Guild would like to thank those individuals and groups who supported the members' plans, and stress that hand crafted log and timber construction will remain a unique aspect of the county's business community.



The 1-0 loss to Mr. Sticks of Peterborough eliminated the Minden Jets from the broomball tournament. Here, Jets netminder Dwight Thomas has some anxious moments around his net. Mr. Sticks scored what proved to be the winning goal in this game after just 10 seconds of the opening whistle.

Midgets win, lose in Caygeon

The annual Bobcaygeon midget tournament was held this weekend and Minden's Walker Lumber Midgets started out on the right foot, crushing Aurora 8-0. Ronnie Yake led the Walker team with three goals while Harold Porter netted two and singles went to Ivan Ingram, Brent Moxam and Shawn

Chapman. However, in their second game they were edged 3-2 by their opening round play-off rivals, Bobcaygeon. Chapman and Moxam scored for Minden.

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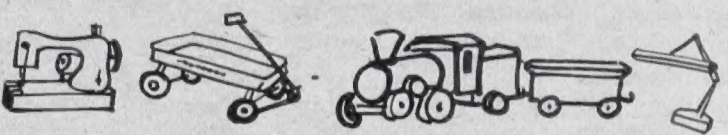


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